



Centre for Perioperative Care

CPOC Perioperative Leads Survey 2021 Results Highlights

Summary

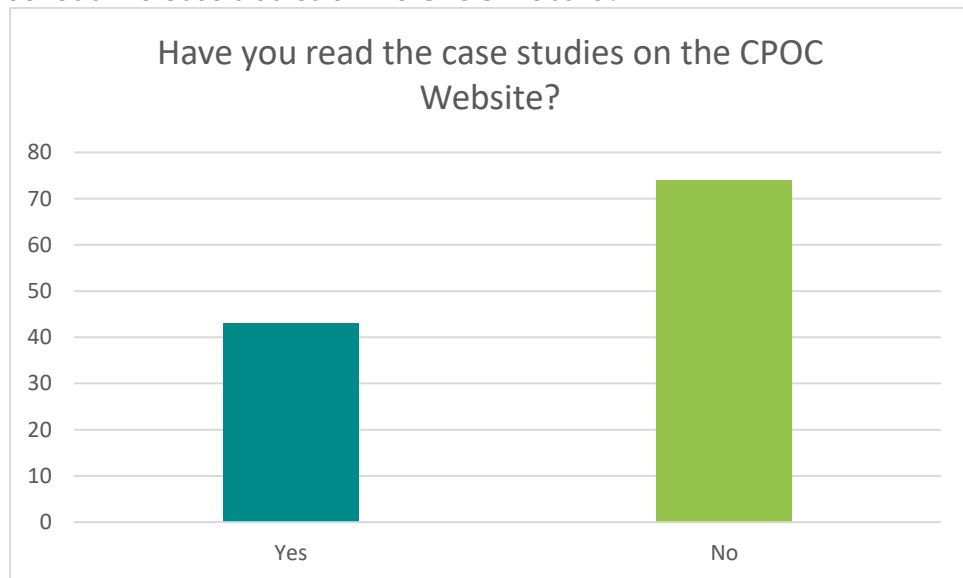
Responses: 117

Total current Perioperative Leads: 211 (11 November 2021)

Response rate: 55%

Key Results

1. Have you read the case studies on the CPOC Website?



2. Do all members of staff who interact with patients pre-operatively have skills in motivational interviewing and lifestyle optimisation?

Yes	18	15%
No	99	85%

3. Do you work with a patient representative in the development of your perioperative pathways?

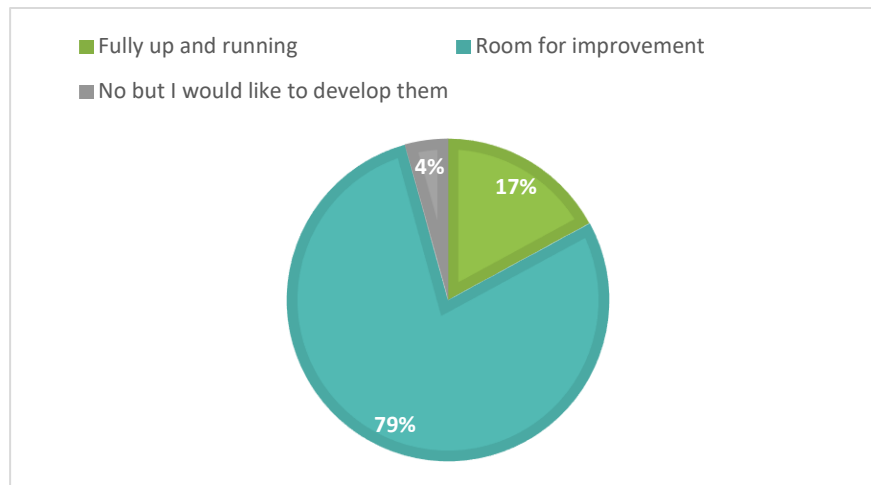
Yes	11	9%
No	106	91%

4. Do you have any of the following services in your hospital?

	Results	Percentage
A 'one stop shop' where patients can get a perioperative assessment on the same day as their surgical outpatient visit	52	44%
Electronic preoperative assessment system	54	46%
Preoperative anaemia investigation and management pathway	95	81%
Screening for reduced functional capacity for all patients e.g., DASI	33	28%
Risk assessment including geriatric syndromes e.g., frailty and cognitive problems	74	63%
Objective assessment of functional capacity for those identified as being at risk of reduced functional capacity	54	46%
Objective risk scoring for all patients undergoing high risk surgery or ASA3 and above e.g SORT	75	64%
Nutritional assessment and optimisation preoperatively	48	41%
Mental health assessment and optimisation preoperatively	17	15%
Optimisation of lifestyle factors (weight, smoking, activity) preoperatively	68	58%
Surgery school	45	39%
Optimisation of comorbidities prior to surgery	84	72%
Medication rationalization prior to surgery	42	36%
Internal referral pathways for patients who comorbidities require additional input preoperatively	78	67%
Pharmacy input pre op	32	27%
Pharmacy input post-op	51	44%
Geriatric input into high-risk elderly patients pre-operatively	35	30%
Geriatric input into high-risk elderly patients postoperatively	46	39%
Level 1 /Enhanced Care service	46	39%
Medical or anaesthetic review of high-risk ASA3 or above or high-risk surgery post-operative patients	65	56%
Proactive discharge planning of complex patients	22	19%
Ready access to the outcomes of surgical patients to allow recognition of areas requiring improvement	22	19%
Paediatric perioperative pathways	46	39%

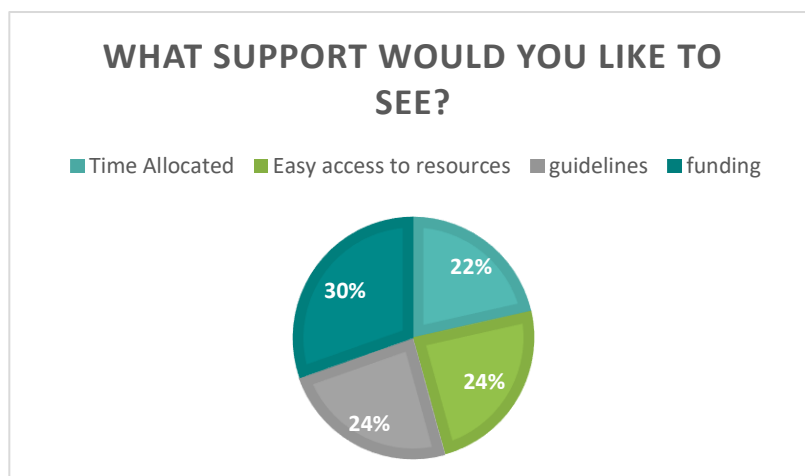
Review of and plan made for patients with complex pain needs pre-operatively	56	48%
Close liaison with primary care	21	18%
Close liaison between anaesthetic and surgical teams to promote SDM	64	55%
Delirium pathways (identification of those at risk, interventions to avoid delirium and to manage it when it arises)	29	25%

5. Are these services noted above?



6. Would you like more support in developing your perioperative services?

Yes	110	94%
No	7	6%



7. What would you find most useful from external services such as CPOC?

Formal case studies of how others have set up services	55	47%
Informal meetings e.g., 2 hours	75	64%
Shared resources e.g., proformas	93	79%
Brief videos on the CPOC website	61	52%
A chat forum function for leads	66	56%
Other	10	9%

8. Is there anything else you feel CPOC could do to help clinicians develop perioperative services locally?

Themes arising from the respondents:

Nothing more CPOC can do above activity mentioned in the survey (case studies, leads meetings, resources, videos, forum)	36%
Funding	9%
Support with perioperative business Planning/Evidence for business cases/case for perioperative care	9%
Shared resources/best practice/national guidelines. <ul style="list-style-type: none"> • the benefits of perioperative care • support the setting up of services • successful pathway stories • service development • 'Learn from others on how to' (avoid duplication) 	17%
Perioperative leads meeting to share best practice/networking/ support setting up regional networks	10%

Many of the leads provided detailed answers calling for CPOC to facilitate the sharing of best practice, resources and provide the opportunity for networking on a local level amongst leads to support the set up/development of services.

From the results it was clear that respondents (42%) were supportive of CPOC's current activity and plan for future support, if this was to actively encompass all the aspects noted in the survey;

- Informal case studies of how others have set up services
- Informal meetings e.g. 2 hours
- Shared resources e.g. proformas
- Brief videos on the CPOC website
- A chat forum function for leads